



## ***Using Career Exploration Services to Increase Opportunities for Competitive, Integrated Employment for Students and Youth with Disabilities***

### **What is the level of evidence?**

This practice was identified by Rehabilitation Research & Training Center for Evidence-Based Practice in Vocational Rehabilitation (RRTC-EBP VR), and has been labeled by NTACT as a Promising Practice. *More information on NTACT's process for identifying effective practices is available here: [NTACT's Effective Practices](#).*

### **What is the practice?**

Career exploration services reflects an emphasis on counseling as opposed to case management and engages the consumer in a more “holistic” manner. Services may include vocational evaluation and testing, including formal measures as well as interviews and observations.

### **Where is the best place to find out how to do this practice?**

The Special Issue from the Journal of Vocational Rehabilitation is available through the website of the RRTC-EBP-VR here:

<http://content.iospress.com/download/journal-of-vocational-rehabilitation/jvr708?id=journal-of-vocational-rehabilitation%2Fjvr708>

You may also correspond with the RRTC-EBP-VR <http://research2vrpractice.org/contact/> to request more detailed information from the original author regarding implementation of this practice.

### **References used to establish this evidence base:**

Del Valle, R., Leahy, M. J., Sherman, S., Anderson, C. A., Tansey, T., & Schoen, B. (2014). Promising best practices that lead to employment in vocational rehabilitation: Findings from a four-state multiple case study. *Journal of Vocational Rehabilitation, 41*, 99-113.

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