



## ***Youth Autonomy and Decision Making Correlated with Improved Education and Employment Outcomes***

### **What is the level of evidence?**

This predictor of post-school success has been labeled by NTACT at a Research-Based level of evidence regarding education, based on two *a priori* correlational studies and a Promising level of evidence regarding employment, based on one *a priori* correlational study and one exploratory correlational study. *More information on NTACT's process for identifying effective practices is available here: [NTACT's Effective Practices](#).*

### **What is the predictor?**

Youth autonomy was correlated with enrollment in postsecondary education and positive employment outcomes in recent research.

### **What are the essential characteristics?**

The essential characteristics of this predictor have not yet been identified in the manner that other “predictors” have been operationalized by Rowe et al., 2014.

### **What is the best place to find out how to do this practice?**

There are resources on youth leadership development available under Additional Resources at this link: <http://www.transitionta.org/transitionplanning>.

### **References used to establish this evidence base:**

Berry, H. G., Ward, M., & Caplan, L. (2012). Self-determination and access to postsecondary education in transition youths receiving supplemental security income benefits. *Career Development and Transition for Exceptional Individuals*, 35, 68-75.

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Doren, B., Gau, J. M., & Lindstrom, L. E. (2012). The relationship between parent expectations and postschool outcomes of adolescents with disabilities. *Exceptional Children*, 79, 7–23.

Mazzotti, V.I, Rowe, D. A., Sinclair, J., Poppen, M., Woods, W., & Shearer, M. L. (2015).  
Predictors of post-school success: A systematic review of NLTS-2 secondary analyses.  
Career Development and Transition for Exceptional Individuals.  
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